



# The Signal

See the Picture and Update on Nathan Cooley! God Is Good!



## President Viv's Message

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October – one of my really busy times of the year in my “real world” jobs...at my office, we received annual church profiles (ACPs) from the 26 churches in our Association. If the church clerk has not input their info on-line (most have not) I do that and then use the information to provide statistics in our Book of Reports for our annual meeting on October 19. In our church, I am the church clerk so I gather all that info for our church and input it on-line. We have our Annual Homecoming, this year on October 25, and I have numerous responsibilities associated with that. Our church is sending packages every 3-4 weeks to 3 men who are currently deployed to Iraq. We are in the planning stages for our Annual Autumn Celebration, which features fun and games for children of all ages, a silent auction, and a supper and will be held in early November; proceeds go to the SBC World Hunger Relief Fund. I’m also deep into planning for our Wayne County Veteran’s Day Program to be held at the Wayne County High School on November 11. In my family, my niece is moving from Nashville, Tennessee to Lafayette, Louisiana. Ashley is a prosthetist and works for Hanger Prosthetics. She’ll be a little closer to Clara once more. Our other family members are busy with family, church, work, and extracurricular school activities. As I know your families are, too, as I have heard from many of you who are traveling to see children and grandchildren play a wide variety of sports, perform in the band, etc. Then, there are those families who are waiting on a spouse, a son, a daughter, a brother, a sister, a parent, a child, or other family member to return from deployment. Now, that’s really “real world”. There are also members of our families and/or our Guard family who are ill. Please take time to pray for those on our Prayers and Praise page each month and if you can make the time drop them a card, write an e-mail, or phone them so they’ll know you’re thinking about them.

As your EANGUS Auxiliary President I attended the EANGUS Executive Council Meeting in Savannah, Georgia October 9-12, with travel days. I have made contact with Board members, Committee chairmen, and Appointees to remind you of events upcoming. Thanks to each one of you who is willing to WORK as part of the Auxiliary TEAM. No organization needs names in spaces; every organization needs members who will perform their duties to the best of their abilities. I’m thankful to lead an organization, which has members who do just that!

Thanks to Sara Hendricks, LTM Committee Chairman, for her diligent work in searching for NOT REPORTED LTM in the states. Sara has found and made contact with numerous members and she has shared their information with their states of residence as well as the states where they have their LTM. Where LTM have e-mail addresses I have added them to *The Signal* list. For those who don’t I am hopeful that the states will pick up forwarding at least a few issues of *The Signal* to the LTM, so that they can remain informed about and involved with the EANGUS Auxiliary.

We can do more as an organization as we increase our membership. If each one of our members would just reach one new member, we would double our membership. Some of us on our TEAM are even sponsoring members during this last quarter of the



## Prayer and Praise

- One of mine and Mike's dearest friends has been diagnosed with Stage 4 colon cancer and has cancer on both lobes of this liver. The prognosis is bleak. Doctors say that he might have 2 years. Please remember him in your prayers. His name is Roger Venenga. His wife Patti is also one of my best friends. Roger is 57 years old and they live in York Beach, Maine. He is retired Army. Chemo was started immediately. His and Patti's spirits are good at this point. Your prayers are much appreciated. Please remember Patti also.  
Thanks! Paula Sumrall, VA
- Barb Sedgwick had knee replacement surgery on October 19th. Operation went well.  
Barbara Sedgwick, N63 W15393 Pontiac Dr, Menomonee Falls, WI 53051
- **First prayer request from Shirley Enke...** We need your prayers for our son, Mark. He was diagnosed with Parkinson's Disease, today. He's only 54. Lloyd and I went to the doctor yesterday, Had results on Lloyd's spots and two were a fast growing cancer. We are to go back Monday. Lloyd's brother is doing much better.
- **Second memo from Shirley.....**Lloyd's spots were on his upper arm and one on the opposite wrist. They are both skin cancer. He had two other spots but they were benign. Thank you for prayers ,we know that's what brought Lloyd thru ,before and they certainly strengthen all of us. Mark is to go back for more test later, after his primary doctor gets this report from the neurologist. He is having trouble with his shoulder. His horse threw him about two years ago and there's been problems since.
- Received at a later date: Shirley and Lloyd Enke. Lloyd's brother passed away recently. Sandy Reid
- Please remember Pearleen and Adrian Pearce in your prayers. Adrian is scheduled for Prostrate Cancer surgery on November 3, 2009. You can e-mail them at [lnppearce@bellsouth.net](mailto:lnppearce@bellsouth.net) or send a card to: 1459 Champlin Circle, Gulfport, MS 39507

I am sure they would love to hear from you.  
Thanks, Ann



NATHAN'S PICTURE He is doing so good--growing and breathing much better. He's still not sleeping much, though. Thank you for all your prayers!

Love, Gloria Cooley MS

Grandson that had the heart surgery, he looks so amazing, Prayer works wonders, keep this little guy in prayer!

- I was notified this a.m. that SGM (R) Hoyte Robinson (EANGUS Life Member) Passed away 9-24-09 Mrs. Hoyte Robinson & Family 617 Woodett Rd, Nashville, TN 37211

- We have a LTM in Maine that just needs a hug and to know that she is still cared for. Maybe our Prayer Warriors could send cards of caring and love to brighten Ella's

spirit. This is the information that I have:

LTM 257 ELLA M. ROBINSON, ME 172 South Street Calais, Maine 04619 Telephone: 207-454-3

398 Spouse: Keith, EANGUS Ella shared that she has had hip replacement and 2 broken arms. These happened since her husband passed away and she is just not able to do much but she has a real good attitude. Any words of encouragement would be welcome from our Auxiliary. Thank you so much for passing this message along. Any help we can give is a blessing from God. Take care and God Bless. Love and Big Hugs, Sara

- Gary and Debra Campbell celebrate the birth of a new grand daughter. June Elise born Saturday, October 17th.
- Shirley Bogdan, Massachusetts brother Bill died in August. Remember his family in your prayers.
- Keep Praying Debra Campbell's Nephew
- Lucretia's Friend Marge Walsh IL
- Jessica Hurt & Family OK

## Photos, Information and Tidbits from Across the States

### MAIN MENU RECIPES NEEDED

Your cookbook committee is in need of Main Menu Recipes. We currently have seventeen (17) pages and need at least twenty (20) pages for printing. That means we need six (6) recipes to fill the next three (3) pages. However, if we want to have double sided pages then we are going to need enough recipes to fill an additional twenty (20) pages. Our Auxiliary is a real team and all we need is a little effort and this project will be on its way. It is a given that we have the best cooks and we need to bring smiles to the dinner table. There is just nothing better than a good home cooked meal. If possible, we would like to have the Cookbooks printed in time for sale at the Area VI and Area VII Caucus in Arizona in January 2010. The price will be the same as for the Dessert Sampler which was five dollars (5.00) each. That means that we will sell as many as possible before Annual Conference in St. Louis, MO in 2010. Watch for updates on our progress  
Cookbook Committee Chair, Sara Hendricks Email address: hendhaus@aol.com Home address: 6893 Augusta Hills Drive NE  
Rio Rancho, New Mexico 87144-8604



**Military Appreciation**  
Free "Thank You" Dinner  
Monday, Nov. 16, 2009,  
p.m. to 9 p.m.  
Golden Corral Nationwide

### Find a Foster Home for Deployed Troops' Pets

There are many programs to help military members' families during a deployment, but what happens to their four-legged friends (birds, horses, etc.)? If you have no option but to surrender your pet to a shelter or rescue group, check out Guardian Angels for Soldier's Pet, a nonprofit volunteer group.

<http://www.guardinangelsforsoldierspet.org>

### HAPPY SEPTEMBER!

#### "AREA 5 IS ALIVE"

What a great conference we had in Rochester, MN. I had a great time! I'd like to give a huge "THANK YOU" to Minnesota, Karen Vicento and Carol Benda for an amazing job you did for the conference. I am looking forward to working with you in the future! The Area V Hospitality Room was "ALIVE" and the place to be. Everyone had a great time!  
Margaret Greenfield Area V Director

**NATIONAL GUARD BUREAU:** The National Guard Bureau's monthly newspaper *The On Guard* is online. You can download it or subscribe. To subscribe go to <http://www.ngb.army.mil/> (click on "News" then click "The On Guard" to subscribe for an automatic e-mail function automatically send you any National guard news posted to the site.

#### Old Navy

**10% off with Military ID, 1st day of every month** Show your valid U.S. military ID when you check out. Offer valid for all eligible active, retired, and reserve US military personnel and family members who present a valid military ID. Offer valid at Old Navy stores in the US only. Not valid at old-navy.com. Discount applies to merchandise only, not value of gift cards purchased, packaging or applicable taxes.

### DoD "Family Matters" Website:

The Defense Department has launched a blog called "Family Matters" that is dedicated to providing resources and support to military families. The blog – which can be found at <http://afps.dodlive.mil> features tips from experts, and military-related topics that run the gamut from deployments and separations to education benefits and childcare

### SIGNAL

#### Schedule for Submissions:

November 16th Submit  
OUT: November 20th  
December 7th Submit  
OUT: Dec. 11th  
January 15th Submit  
OUT : Jan 22nd



"Each One Reach One" raise your hand and find a new Auxiliary Member for 2010! Together we CAN!

**NEW ADDITION to “The Signal”**  
**National Guard Bureau Volunteer and Child/Youth Programs**  
**Check here each month for the latest and greatest from NGB Family Programs**  
 Submitted by Deanna Cole

Branch Chief Volunteer and Child/Youth –

Paula Sumrall paula.sumrall@us.army.mil

Child/Youth –

Major Brenda Golden brenda.golden@us.army.mil

Assistant National Volunteer Coordinator –

Deanna Cole deanna.l.cole@us.army.mil

**National Guard Bureau Volunteer Team (NGBVT)**

The NGBVT recognizes that volunteers are the “backbone” of the National Guard Family Program. The NGBVT is charged with encouraging volunteerism and maintaining motivated volunteers. The National Guard Family Program provides vital guidance and support to members of the military and their family - whether Army or Air Guard. The NGBVT aims to enhance volunteers’ experience by recognizing and acknowledging their contributions to the National Guard Family Program. To this end, volunteers who meet or exceed standards and objectives as set forth by the NGBVT will be recognized for their meritorious contributions. Standards and objectives include but are not limited to the following:

Superior performance and /or distinguished service through major contributions to the well being of the Family Program.

Generation and use of “Best Practices” for recruiting, motivating and recognizing volunteers.

**NGBVT Regional Representatives:**

Region I	George Beach, VT	Region1@guardfamily.org
Region II	Bonnie Deiter, NY	Region2@guardfamily.org
Region III	Alice Capehart, DC	Region3@guardfamily.org
Region IV	Wallace Paschal, AL	Region4@guardfamily.org
Region V	Susan Webb, IL	Region5@guardfamily.org
Region VI	Dennis Schroeder, NM	Region6@guardfamily.org
Region VII	Jeanne Zerbonia, MO	Region7@guardfamily.org
Region VIII	Arla Ruitter, SD	Region8@guardfamily.org
Region IX	Danielle Gonzalez AZ	Region9@guardfamily.org
Region X	Chris Yriarte, OR	Region10@guardfamily.org

**National Volunteer Webinar Training**

As part of our ongoing support to the volunteer program, we conduct Volunteer Management webinars (Web-based Online Training).

Future Topics to include:

1. Designing Work For Today’s Volunteers
2. Volunteer Related Issues in Risk MGT
3. Building and Sustaining Strong VOL Leadership
4. Handling Challenging Behavior by Volunteers
5. Maintaining and Motivation of volunteers over the Long-term

## National Guard Bureau Volunteer and Child/Youth Programs Cont.

6. Expanding your Vision for Volunteer Engagement
7. Demonstrating the impact of Volunteer Involvement
8. New Approaches to Volunteer Recruitment
9. Pitfalls & Obstacles to Volunteer Involvement

To view the training calendar and register for the on line classes, go to [www.jointservicesupport.com](http://www.jointservicesupport.com).

Please follow the instructions below:

1. Go to JSS ([www.jointservicesupport.com](http://www.jointservicesupport.com)).
2. Log in to JSS (At the middle right of the page).
3. Go to **EVENTS** Tab (Located at the top on the purple tool bar).
4. Click on <List or Calendar View>.
5. To view training details and how to register, click on any of the VOLUNTEER Trainings available.

### National Volunteer Training Team (VTT)

As we look to the future of the Volunteer Training Program, We plan to expand the current webinar training program to include a volunteer training team. The team will be created to assist with various elements of the volunteer webinar trainings offered. We have created a new volunteer team lead position. The Volunteer Training Team (VTT) Leader will represent the VTT as a "member at large" on the National Guard Bureau Volunteer Team (NGBVT).

VTT Lead - Lori Vaughan, OK    [Lori.vaughan@us.army.mil](mailto:Lori.vaughan@us.army.mil)

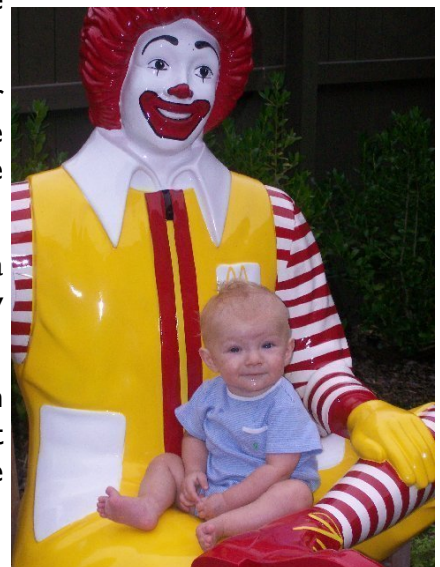
**For more information regarding Volunteer Management Training Online Webinars please contact Deanna Cole at [deanna.l.cole@us.army.mil](mailto:deanna.l.cole@us.army.mil) or 717-533-2662**

**BE Advised** that at Conference we voted to sell pop tabs at home and take receipt and money to next Conference.

Also, states that would like to make a donation should send their check to national treasurer, Cora Sower, NLT June 2010 so that we can list their contribution in the July issue of *The Signal* and, space permitting, in the Conference Book.

At Conference we will take donations on Tuesday and then Cora will be able to tally all on Tuesday evening and have one check ready for the Ronald McDonald rep on Wednesday morning.

**NEVER** Forget what Ronald McDonald House can do for those in need, who can forget Nathan in his lap, please be sure and look at Nathan's picture on Pg. 3 after surgery! This smile should make the donation to Ronald McDonald on our minds all year!





## BEAUTIFUL CHRISTIAN SISTER

By Maya Angelou

'A woman's heart should be so hidden in Christ  
That a man should have to seek Him first to find her.'

When I say.... 'I am a Christian' I'm not shouting 'I'm clean living,'  
I'm whispering 'I was lost, Now I'm found and forgiven.'

When I say... 'I am a Christian' I don't speak of this with pride.  
I'm confessing that I stumble and need Christ to be my guide.

When I say... 'I am a Christian' I'm not trying to be strong.  
I'm professing that I'm weak and need His strength to carry on.

When I say.. 'I am a Christian' I'm not bragging of success.  
I'm admitting I have failed and need God to clean my mess.

When I say... 'I am a Christian' I'm not claiming to be perfect,  
My flaws are far too visible, but God believes I am worth it..

When I say... 'I am a Christian' I still feel the sting of pain...  
I have my share of heartaches, so I call upon His name.

When I say... 'I am a Christian' I'm not holier than thou,  
I'm just a simple sinner Who received God's good grace, somehow!



## A Message from Lifetime Membership

Since coming home from National Conference in Rochester, MN Lifetime Membership has been on a mission. It is the feeling of your LTM Chairman that we should not continue to have LTM that are NOT REPORTED year after year. We need to work harder and find our people and get them back on the Active Rolls. Granted we have some that have passed away but if that is the case then we need to have them reported as deceased, the date of the passing, and have them on the Memorial Reading for the next Conference. All of the following LTM were on the NOT REPORTED listing for the 2008 year and it would be wonderful if all of these LTM were reported by the states as ACTIVE for the 2009 year.

LTM 098	JO B. KINZIE, KS
LTM 255	ARDEN L. CLEMENT, ME
LTM 258	LINDA A. NEWBEGIN, ME
LTM 252	MARY K. STOCKWELL, ME
LTM 291	CARLENE L. CASPARUIS, ME
LTM 257	ELLA M. ROBINSON, ME
LTM 067	CAROLYN FURLONG, ME
LTM 010	ELSIE FEATHERSON, ME
LTM 105	RUTH BUESCHER, MO
LTM 166	ADDIE J. KETCHERSIDE, MO
LTM 147	ARTIE LOU STEVENS, MO
LTM 044	M. JOYCE SPEAS, MO
LTM 074	MARCIE SALES, MO
LTM 175	HILDA W. ROBINSON, VA
LTM 062	DOLFE VAN ALYNE, VA
LTM 058	LILAH B. LAUMIN, WA

Along with all of the above I have also had conversation or email correspondence with the following:

JUNE O'DOWD, who is currently living in Groveland, Illinois with her family. We are working to get Al and June placed with the State of Louisiana so they can have LTM also. June is a Past President of EANGUS Auxiliary and June and Al hope to join us in St. Louis, Missouri for our 2010 National Conference. June has email and we are trying hard to bring her up to speed with Auxiliary happenings.

HOWARD AND MARY GALBERTH, live in the State of Washington but are LTM 399 and LTM 398 from the State of Oregon. Oregon is not an active state so I have contacted the California Auxiliary to work with Howard and Mary and get them back on the Active list again.

## A Message from Lifetime Membership CONT.

I have been able to learn from the State of South Dakota that the lady that we believe to have attended the 1973 Iowa National Conference and was one of the original 44 ladies that met in Des Moines to help organize EANGUS Auxiliary was Monna Esser. Monna is no longer living and was never a LTM of EANGUS Auxiliary so we will never be certain but we know she attended the 1973 National Conference with her husband Charles.

These are the LTM that live in states different from the ones they were in when they took out their LTM with EANGUS Auxiliary. Please take note as several National Officers, Area Directors and State Presidents have been notified if our LTM are currently in their states. We are trying hard to get our LTM back in the loop and state dues paid in whatever way possible.

LTM 105 Ruth Buescher, MO currently resides in Mesa, AZ

LTM 252 Mary K. Stockwell, ME currently resides in Hemet, CA

LTM 166 Addie J. Ketcherside, MO currently resides in N. Fort Myers, FL

LTM 058 Lilah B. Laumin, WA currently lives May-Oct in Bend, OR and Nov-April in Yuma, AZ

LTM 062 Dolfe Van Alyne lives in Cheyenne, WY

LTM 100 Shirley Alexander lives in Huntingtown, MD

LTM 010 Elsie Featherson lives in Baileyville, ME and snowbirds in Davenport, FL

Some of the LTM that have been reached do not have email but 100% responded they would sure like to receive the Signal.

To date, I have learned of the passing of two of our LTM. They are:

LTM 232 MARY PERDUE, AL

LTM 261 LOUISE HARPER, IA

If any additional information is needed by any of the states mentioned above you can contact me at my email address: hendhaus@aol.com. This does not complete the mission as there are several NOT REPORTED LTM yet to find and be contacted. Work with me as this is my final year as LTM Chairman and it is my mission to leave all records in the best and most correct manner possible.

Until next time, I remain your Friend in New Mexico.

Sara Hendricks, Chairman  
Lifetime Membership Committee

EANGUS Auxiliary

## Pictures from MS State Conference



Dinner for Ann Hart in MS. A wonderful gathering with family and friends and the presentation of the award for Ann was wonderful.



## Senior Corner: Brooks Marr Senior Contributor



Just for info.....kinda interesting.....

### **THIS SHOULD CHANGE YOUR MIND ABOUT USING ARTIFICIAL SWEETENERS.. IF YOU USE THEM???**

If carpenter ants are a huge problem and nothing has helped then try aspartame

Sometime called **Nutrasweet, Aspartame** was actually developed as an ant poison and changed to being considered non-poisonous after it was realized that a lot more money could be made on it as a sweetener than as an ant poison, I decided to give it a try.

Just dump a package or two of Aspartame in an area of concern... That was about 2 years ago and I have not seen any carpenter ants for about 9 to 12 months. It works better than the most deadly poisons I have tried. Any time they show up again, I simply dump another package of NutraSweet in a corner, and they will be gone for a year or so again.

We found later that small black ants would not eat the aspartame. It was determined that if you mixed it with apple juice, or sugared water they would quickly take it back to the nest, and all would be dead within 24 hours, usually. I have found that sometimes it will kill them, and sometimes it does not. Not sure why, may be slightly different species of ants or something.

How does it Work: **Aspartame is a neuropoison.** It most likely kills the ants by interfering with their nervous system. It could be direct, like stopping their heart, or something more subtle like killing their sense of taste so they can't figure out what is eatable, or smell, so they can't follow their trails, or mis-identify their colonies members, so they start fighting each other. Not sure what causes them to end up dying, just know that for many species of ants it will kill them quickly and effectively.

As with any poison I recommend wearing gloves and washing any skin areas that come in contact with this poison, and avoid getting it in your mouth, despite anything the labeling may indicate.

More information on this poison can be found at: [www.dorway.com](http://www.dorway.com)

#### **The Truth About Aspartame...**

**Aspartame is NOT a natural substance!**  
**Aspartame is NOT a Diet Enhancement product!**  
**Aspartame is NOT safe - for ANYONE!**  
**Aspartame is NOT a food "additive"**  
**Aspartame is an UNREGULATED and UNSAFE DRUG!**  
**Aspartame in liquids turns to FORMALDEHYDE above freezing!**  
**Aspartame is even worse for DIABETICS!**  
**Aspartame poisoning is cumulative (it adds up!)**  
**Aspartame byproducts get stored in your FAT!**  
**Aspartame has 92 "Official" Side Effects (the worst is DEATH!)**  
**Aspartame MIMICS a wide range of problems**  
**Aspartame side effects are USUALLY MISDIAGNOSED!**

**People with MS are warned to stay away from Aspartame!**

Why a mentor is a good idea for you <<http://e2ma.net/go/2502133861/2280217/86082045/14972/goto:http://www.milspouse.com/military-spouse-mentorship.aspx>> Great Article We can all be mentors!



Kelsey Bekaert

Here is the picture of Kelsey Bekaert. She was very excited to learn she had won a scholarship and even more excited when the check arrived in the mail. Thank you for the scholarship!

Karen Bekaert  
South Dakota Auxiliary



Laura Clay

Dear Enlisted Association of the National Guard of the United States Auxiliary:

Thank you so much for the \$1,000 scholarship! I am really in need of the money for school. It's an honor to be one of the recipients of this scholarship. This money will really help me out more than anyone will ever know. It is greatly appreciated. Once again, thank you.

Sincerely,  
Laura Clay  
WI Auxiliary

Congratulations  
CSM John Gipe for being selected as the Senior Enlisted Advisor at the OSD-RA John will begin duties on 1 November for a three year tour.




**Combined Federal Campaign Code**  
**11859**

Description: The EANGUS "We Care For America" Foundation, provides Scholarships, Awards, Patriotism Awareness, Veterans Against Drugs Program and Emergency Relief for National Guard Members and families. Administrative Cost: 0.90% of budget

Click here to nominate yourself or someone you know for 2010 Military Spouse of the Year. <

<http://e2ma.net/go/2462358208/2240542/84877121/14972/>

Please feel free to give a copy to a friend and/or co-worker... or make a donation now by clicking on this link:  
[\*\*DONATE NOW!\*\*](#)

For more information about the EANGUS "We Care for America" Foundation, Inc. click on the link below:  
[http://www.memberconnections.com/olc/pub/LCNG/cpages/about\\_eangus/we\\_care\\_for\\_america.jsp](http://www.memberconnections.com/olc/pub/LCNG/cpages/about_eangus/we_care_for_america.jsp)

My husband deployed this past summer for a six month West Pac Tour. My girls, Lexi and Bri, and I had read that military dependents can fly Space-A, Category IV, when their sponsor is deployed for 120 or more consecutive days. We had taken Space-A flights with my husband, Brodie, before. So we decided to give it a try on our own.

(Read More) <[http://rs6.net/tn.jsp?](http://rs6.net/tn.jsp?et=1102756556005&s=2910&e=001bNFIjyySSreAtricEt6vfuAu09kFv4DIZDD9GglLcM8PGFW3AfCljtC8sjjgS-Ih0VC_dk5fhKrF_UsNQwO3RZ8kxhpdGLgt-nwxvrQmECj5YD4EFTOOJWtN-f_D3qpn-q-tv-N0TYPg0rgIur77QtvU0qICrIMTYvbeFwbmE=>)

[http://rs6.net/tn.jsp?et=1102756556005&s=2910&e=001bNFIjyySSreAtricEt6vfuAu09kFv4DIZDD9GglLcM8PGFW3AfCljtC8sjjgS-Ih0VC\\_dk5fhKrF\\_UsNQwO3RZ8kxhpdGLgt-nwxvrQmECj5YD4EFTOOJWtN-f\\_D3qpn-q-tv-N0TYPg0rgIur77QtvU0qICrIMTYvbeFwbmE=>](http://rs6.net/tn.jsp?et=1102756556005&s=2910&e=001bNFIjyySSreAtricEt6vfuAu09kFv4DIZDD9GglLcM8PGFW3AfCljtC8sjjgS-Ih0VC_dk5fhKrF_UsNQwO3RZ8kxhpdGLgt-nwxvrQmECj5YD4EFTOOJWtN-f_D3qpn-q-tv-N0TYPg0rgIur77QtvU0qICrIMTYvbeFwbmE=>)

### **Distribution of *The Signal***

Some folks have asked how the President decides who gets the EANGUS Auxiliary newsletter, *The Signal*, each month. I have referred them to the EANGUS Auxiliary constitution:

#### 5.2 Duties & Powers

##### (a) PRESIDENT

(8) Publish (with the exception of the National Conference month) a monthly newsletter and send to all Auxiliary officers, committee chairpersons, Area Directors, the president and secretary of each chartered state, all past Auxiliary presidents, and such other persons as deemed necessary.

Since most of our newsletters now go electronically to e-mail addresses we have also added other individuals who have requested they receive the newsletter by e-mail.

Ideally, Area Directors and State Presidents and Secretaries are also forwarding *The Signal* either electronically or by mail to interested members in the states.

*The Signal* is also available by mail at an annual subscription rate of \$25.00 (voted at Conference in Rochester to increase from \$15 to \$25). The average postage cost of mailing one issue of *The Signal* is around \$1.48 (although the postage on the September issue was \$2.26). Postage alone would be over \$16 for 11 issues; to that cost you would need to add paper and ink. Thank you for understanding the necessity of the increase.

Thanks to each of our Area Directors and State Presidents and Secretaries who are already forwarding *The Signal* or using relevant portions of the newsletter in their own Area or State newsletter. If you aren't doing that currently please remember to do so in future. Thanks for all you do to keep communication flowing!

### **St. Louis Conference**

We are planning to have a Wing Family Program Coordinator speak to our members during the Wednesday session of our meeting in St. Louis.

I have not scheduled anyone to speak at the Tuesday session since 2010 is an election year and we will use time on Tuesday to allow our candidates to speak. Also on Tuesday we will "pass the hat" for the Ronald McDonald House. Funds received that day will be added to what states have given previously and our Treasurer will then be able to have one check already written for RMH when the RMH rep visits on Wednesday morning.

Please also consider making a donation to the EANGUS *We Care for America* Foundation sometime during the year. You may give directly to the Foundation by utilizing the EANGUS website or you may give through the Auxiliary and we will give all WCFA funds in August 2010.

Once again we will have written reports in the Auxiliary Conference Book and we will save time during the general sessions by adopting those reports as they are printed rather than having Chairmen/Appointees verbally give them. This worked well in 2009. All reports for the Conference Book will be due to the President not later than June 15, so mark your calendars now.

The schedule for Committee Meetings worked well this year and we plan to have Committees meet at 9:00 a.m. on Monday morning, with the exception of the Finance Committee. The Finance Committee members will meet as soon as possible after their Area Caucuses (probably around 8:15 a.m.).

Thanks for your positive comments and suggestions on the volunteer/evaluation form. Now is the time for any other suggestions as we have already begun to plan for the 2010 Conference.  
Thanks! Vivian

## **THE AUXILIARY—WHAT we ARE and WHAT we are NOT!**

I had a burning desire to set the record straight on some comments I overheard at our state conference earlier this year and with the help of EANGUS Auxiliary President Taylor, this is what we thought and how we felt about our MS NCO Association Auxiliary and we think it can be extended to the EANGUS Auxiliary. This can also be used in your state if you would like and you can even "soften" it if you think it is too strong. However, sometimes we are so concerned about not getting in your face that we miss the opportunity to sell our organization. You already know that we love telling you -- and anyone who will stand still long enough -- what the Auxiliary is and what we do and believe me, we will get around to that.

### **But first we want to tell you a few things that we are NOT.**

1. We are not a cult.
2. We are not a clique.
3. We are not exclusive.
4. We are not secretive.
5. We are not a wives' club.
6. We are not resistant to change.
7. We are not satisfied with the successes of the past.
8. We are not out of step with reality -- we understand the challenges we face.
9. We are not involved for personal gain or recognition.
10. We are not a group of hateful old ladies.

### **This is what we are:**

1. A professional organization.
2. An organization for both male and female spouses of Guardsmen.
3. We are the Side by Side partner to the State Associations/EANGUS.
4. An organization dedicated to securing benefits for our Guard members through our legislative grassroots efforts.
5. An organization concerned about the education of our Guard children; we provide scholarships each year.
6. A group of community-minded individuals who work on behalf of our Guard members in communities across our state/nation.
7. An organization of members who provide tangible and intangible support to Guard families, especially to family members of those who are deployed.
8. An organization that stresses communication between leaders and members.
9. Mentors for younger spouses and members.
10. We are a growing, caring organization with the goal of having you join us.

If you have any questions or concerns, please feel free to contact either Vivian or myself the emails listed below

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## The Seed

A successful business man was growing old and knew it was time to choose a successor to take over the business.

Instead of choosing one of his Directors or his children, he decided to do something different.. He called all the young executives in his company together. He said, "It is time for me to step down and choose the next CEO. I have decided to choose one of you.

"The young executives were Shocked, but the boss continued. "I am going to give each one of you a SEED today - one very special SEED.

I want you to plant the seed, water it, and come back here one year from today with what you have grown from the seed I have given you. I will then judge the plants that you bring, and the one I choose will be the next CEO."

One man, named Jim, was there that day and he, like the others, received a seed.

He went home and excitedly, told his wife the story. She helped him get a pot, soil and compost and he planted the seed. Everyday, he would water it and watch to see if it had grown. After about three weeks, some of the other executives began to talk about their seeds and the plants that were beginning to grow. Jim kept checking his seed, but nothing ever grew. Three weeks, four weeks, five weeks went by, still nothing. By now, others were talking about their plants, but Jim didn't have a plant and he felt like a failure.

Six months went by -- still nothing in Jim's pot. He just knew he had killed his seed. Everyone else had trees and tall plants, but he had nothing. Jim didn't say anything to his colleagues, however... He just kept watering and fertilizing the soil - He so wanted the seed to grow.

A year finally went by and all the young executives of the company brought their plants to the CEO for inspection. Jim told his wife that he wasn't going to take an empty pot. But she asked him to be honest about what happened. Jim felt sick to his stomach, it was going to be the most embarrassing moment of his life, but he knew his wife was right.

He took his empty pot to the board room. When Jim arrived, he was amazed at the variety of plants grown by the other executives. They were beautiful -- in all shapes and sizes.

Jim put his empty pot on the floor and many of his colleagues laughed, a few felt sorry for him! When the CEO arrived, he surveyed the room and greeted his young executives. Jim just tried to hide in the back. "My, what great plants, trees, and flowers you have grown," said the CEO. "Today one of you will be appointed the next CEO!"

All of a sudden, the CEO spotted Jim at the back of the room with his empty pot. He ordered the Financial Director to bring him to the front. Jim was terrified. He thought, "The CEO knows I'm a failure! Maybe he will have me fired!" When Jim got to the front, the CEO asked him what had happened to his seed - Jim told him the story.

The CEO asked everyone to sit down except Jim. He looked at Jim, and then announced to the young executives, "Behold your next Chief Executive Officer! His name is Jim!" Jim couldn't believe it. Jim couldn't even grow his seed. "How could he be the new CEO?" the others said. Then the CEO said, "One year ago today, I gave everyone in this room a seed. I told you to take the seed, plant it, water it, and bring it back to me today. But I gave you all boiled seeds; they were dead - it was not possible for them to grow.

All of you, except Jim, have brought me trees and plants and flowers. When you found that the seed would not grow, you substituted another seed for the one I gave you. Jim was the only one with the courage and honesty to bring me a pot with my seed in it. Therefore, he is the one who will be the new Chief Executive Officer!"

- \* If you plant honesty, you will reap trust
- \* If you plant goodness, you will reap friends
- \* If you plant humility, you will reap greatness
- \* If you plant perseverance, you will reap contentment
- \* If you plant consideration, you will reap perspective
- \* If you plant hard work, you will reap success
- \* If you plant forgiveness, you will reap reconciliation
- \* If you plant faith in God , you will reap a harvest

So, be careful what you plant now;  
it will determine what you will reap later..

"Whatever You Give To Life, Life Gives You Back"



This child is my cousin's great-grandson who lives in Cleveland, TN. I am asking each of you to pray for this baby, he is 9 weeks old. I am forwarding the e-mail that was sent to World Wide Prayers Partners.

As you know when I send out a prayer request, I send a copy to my cousin who in turn sends it out to her WWPP. I appreciate all of your prayers, Ann

DEAR WWPP

The word from the pediatric gastroenterologist today is that little Jimmy's pancreas is not functioning. He is not absorbing any nutrients and that is why he loses weight. There are 3 scenarios that he is testing Jimmy for: #1-is Schwachman Syndrome--if that test comes back negative, he will continue testing for #2-Cystic Fibrosis. The 3rd option is what we are praying for and that is that it is just developmental and he, (Jimmy Guy) will outgrow this.

Michelle and Tim have to take Jimmy for a bone scan and more bloodwork. Because Schwachman Syndrome is a rare congenital disorder, the specialist is sending them to a Genetisist. This will all occur within the next 2 weeks.

There are several things they have to do for the baby. He is to take enzymes to stimulate the pancreas and he will continue to take the fatty oil and vitamins. The scary thing they must watch for is that his WBC is low so he is susceptible to ALL kinds of illnesses and I am sure you know the flu is in full swing here in Bradley Co. That could be devastating if he got that.

Bottom line is...Jimmy Guy needs a touch from God. The parents, Tim and Michelle, also need a touch. They need wisdom, and encouragement. Jim and I know the power of prayer and we covet the prayer partners prayers for Jimmy's healing. Our hearts are heavy for this precious little baby but our God is a good and loving father. As it was shared with me today, He hurts with us and knows our pain. I have heard that many times over the years but today it had a new meaning for me and comforted me.

We will keep you updated. Thanks for all you do!

Blessings on you today! WWPP Missy and Jim Bilbo

# Women's support group to focus on post-domestic violence life

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Shawna Bleecker | Capital Journal staff

PIERRE — It took her daughter's interest in "the wrong men" for Xena to leave her abusive husband of nearly 20 years.

"The guys she was showing interest in weren't being respectful to her," said Xena, whose name has been changed for her protection. "I thought, 'What am I teaching my kids?' I made the decision to leave. By that point I recognized it was abuse."

Xena's experience with domestic abuse led her to start a support group where area women, who are either in or have been in, similar situations can get together and share their experiences.

"Talking about it empowers us," Xena said. "If we keep it hidden that we were abused, if we keep it within ourselves, they still have power over us."

Xena decided to take the power back and turn it into something good — Project Butterfly.

"It's very important when women are able to support each other and form a social network," said Capital Area Counseling Service Crisis Counselor Kami Kessler. "They need to be able to turn to each other when times are tough. That's what the whole goal of this project is."

"I want to raise awareness that abuse of any kind is unacceptable," Xena said. "Too often people are too passive about emotional abuse. People think if it's not bruises or broken bones, it's not serious. But it really plays a number on you mentally."

Xena endured nearly two decades of emotional abuse and still feels the effects of the abuse in her relationships today.

"I was hypersensitive to certain things," Xena said about recent relationships. "It would be my way or the highway. It had to be my way because it wasn't for so long."

Kessler said she is helping Xena get Project Butterfly off the ground and is offering her professional counseling services for the group.

"Capital Area Counseling Service supports many different organizations in the community to make sure mental health is being met for everybody in any situation," Kessler said.

Kessler said she hopes other women in the community will look at Xena's experience and know she is not alone and there is support out there.

"Zero is the perfect number and we haven't seen that in the community in a long time," Kessler said about domestic violence statistics in the area.

Any woman interested in attending a Project Butterfly meeting can call 605-280-0947 between 8 a.m. and 5 p.m., Monday through Friday for information on the meeting place and time. They can also e-mail pierre [projectbutterfly@hotmail.com](mailto:projectbutterfly@hotmail.com) for more information.