

Journey to Health

On **September 3, 2009**, Jerry Hayes and his wife Estella will speak to ELFUN about their “Journey to Health” while participating on NBC’s hit reality show, The Biggest Loser.

Jerry retired from GE in 2000 after 30 years in design and construction of Nuclear Power Plants.

Jerry and Estella were seen on the Biggest Loser in January 2009. They were the oldest contestants on the Biggest Loser show at 64 and 63. Estella weighed in at 242 lbs and lost 83 lbs in less than 8 months. Jerry was 369 lbs. and lost a total of 177 lbs.

As a result of the weight loss their health has improved dramatically. They no longer are treated for high blood pressure, diabetes, high cholesterol and gout.

Jerry and Estella Hayes



Join us on September 3, 2009 at 11:00 a.m. at the GEH facility (1989 Little Orchard St., San Jose)

Signups Required: Contact Information Coming Soon